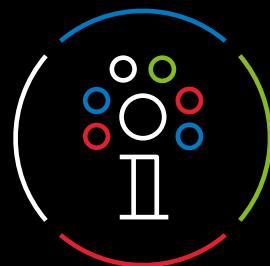


# Accessing UpToDate with Divisions of Family Practice



## Getting Registered

Once you register for UpToDate® through Divisions of Family Practice's subscription you will be able to:

- Download and use the Mobile App with your UpToDate username and password.
- Earn Continuing Medication Education (CME) credits upon each search for an UpToDate professional topic (see *Earning CME/CE/CPD Credits* detail per country).
- Automatically re-verify your account for mobile or remote access to UpToDate.

### Complete the following steps to register:

1. Go to <https://divisionsbc.ca/> and sign into your account
2. Select the MyUpToDate link at the top of the page
3. Do one of the following:

*Please note: You must register from within your hospital or organization's network to gain access to the Mobile App and accrue CME credits.*

#### If this is your first time registering for UpToDate:

- Complete all fields and then click Submit Registration. You will then need to verify your email address. Click Send Verification Code. A code will be sent to the email you entered in the form.
- Enter the code you received in your email into the box at the bottom of the registration form. You will have 10 minutes to retrieve the code, enter it, and click Submit Verification Code.
- Make note of your username and password.

#### If you already have an UpToDate username and password from previous access:

- Click the blue log in hyperlink at the top of the Registration page. The Log In page will display. Sign in with your existing credentials. This will retain your current CME/CE/CPD data from any previous UpToDate user records.

#### To use UpToDate without registering or logging in:

- Click the blue Continue with your Search link. Until you register, you will be reminded every 15 days to do so before being able to use UpToDate, and your CME/CE/CPD data will not be tracked.

Upon completion of the registration process, you will receive a confirmation email from UpToDate with instructions on downloading the Mobile App.



UpToDate link

Register for an UpToDate account

Make the most of your UpToDate experience: Register for an account and benefit from mobile access to our trusted clinical content. Plus, earn and redeem CME/CE/CPD credits while you work.

Already registered? Please [log in](#) with your UpToDate username and password.

First Name

Last Name

Email

You will need access to this email account to complete your registration

Country

ZIP/Postal Code (optional)

City

Specialty

Role

Create your username and password

Username

Password

Password rules:

- 8 to 24 characters
- at least 1 uppercase letter
- cannot match username
- at least 1 number, or special character from the following set:  
- \_ @ # \$ \* ! ( ) + =

Verify Password

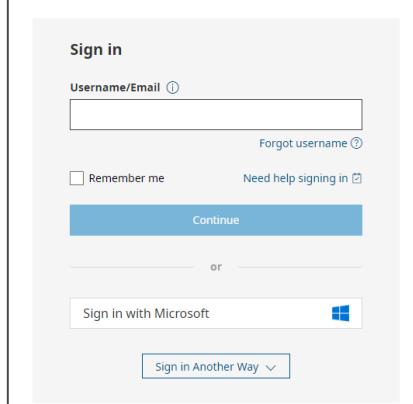
Send Verification Code

Send Verification Code

## Maintaining Access

To maintain uninterrupted access to UpToDate, you must login by following the steps on the previous page once every 90 days.

**Please Note:** In-application and email messaging will inform you of the need to verify affiliation if you have not done so by day 80. You will receive a second alert at day 90. If you fail to re-verify by day 90, you will lose mobile and remote access. To regain access, complete the re-verification process outlined in methods 1 or 2 described above.



The image shows the UpToDate sign-in page. It features a 'Sign in' header, a 'Username/Email' input field with a 'Forgot username?' link, a 'Remember me' checkbox, and a 'Continue' button. Below this is an 'or' separator, a 'Sign in with Microsoft' button with a Microsoft logo, and a 'Sign in Another Way' button with a dropdown arrow.



## Mobile Access

Once registered, you can install the UpToDate Mobile App on up to two devices by completing the following steps:

1. On your smartphone or tablet, search for “UpToDate” in your app store and install the free app.
2. Open the UpToDate Mobile App upon completion of download.
3. Log in with your UpToDate username and password. *You only need to do this once – the app remembers your username and password.*

## Access UpToDate Remotely



In addition to the Mobile App, you can access UpToDate from any computer with internet access. Simply go to [www.uptodate.com/online](http://www.uptodate.com/online) and click the “Log in” button located in the top right corner of the UpToDate home page and enter your username and password.